# DAVID S. CHANG, M.D.

### ADDRESS:

|      | <u>Business</u> :           | Bay Area Sports Orthopaedics<br>5700 Telegraph Avenue, Suite 100<br>Oakland, CA 94609<br>(510) 834-2276, (510) 834-2202 (fax)<br>bayareasportsortho@gmail.com<br>www.bayareasportsortho.com |
|------|-----------------------------|---|
| EDU  | CATION:                     |   |
|      | 2008                        | Board Certification<br>American Board of Orthopaedic Surgery  |
|      | 1995 - 1999                 | Wake Forest University Bowman Gray School of Medicine<br>Winston-Salem, North Carolina<br>M.D.  |
|      | 1989 - 1994                 | Stanford University<br>Stanford, California<br>B.S. with Honors (Biology), B.A. (English)   |
| POST | <b>FDOCTORAL TRAINING</b> : |   |
|      | 2004 - 2005                 | Fellow, Sports Medicine<br>Santa Monica Orthopaedic and Sports Medicine Group<br>(Directors: Bert Mandelbaum, MD; Thomas Knapp, MD)<br>Santa Monica, California                             |
|      | 2000 - 2004                 | Resident, Orthopaedic Surgery<br>Wake Forest University Baptist Medical Center<br>(Chairman: Gary Poehling, MD)<br>Winston Salem, North Carolina  |
|      | 1999 - 2000                 | Intern, General Surgery<br>Wake Forest University Baptist Medical Center<br>Winston Salem, North Carolina   |
| HOS  | PITAL AFFILIATIONS:         |   |
|      | 2006 – current              | Alta Bates Summit Medical Center, Ashby Campus<br>Berkeley, CA  |
|      | 2007 – current              | Alta Bates Summit Medical Center, Summit Campus<br>Oakland, CA  |
|      | 2007 – current              | Alameda Hospital<br>Alameda, CA   |
|      |                             |   |

# **HOSPITAL AFFILIATIONS (Continued):**

| 2012 - 2013 | Alameda County Highland Hospital<br>Oakland, CA |
|-------------|---|
| 2005 - 2008 | Stanford University Hospital<br>Palo Alto, CA   |

# **PROFESSIONAL AFFILIATIONS:**

| 1999 – current     | American Academy of Orthopedic Surgeons   |
|--------------------|---|
| 2006 – current     | Western Orthopaedic Association   |
| 2007 – current     | Arthroscopy Association of North America  |
| 2007 – current     | California Orthopaedic Association  |
| 2010 – current     | Society of Tennis Medicine and Science  |
| 2005 - 2012        | Alameda-Contra Costa Medical Association  |
| 2003 - 2005        | Southern Orthopaedic Association  |
| LEADERSHIP/AWARDS: |   |
| 2012 – current     | Alta Bates Summit Medical Center, Summit Campus<br>Department of Orthopaedic Surgery<br>Chair                     |
| 2009 - 2012        | Alta Bates Summit Medical Center, Ashby Campus<br>Department of Surgery<br>Vice Chair                             |
| 2009 - 2012        | Alameda Contra Costa Medical Association<br>District D Alternate Councilor  |
| 2004               | Wake Forest University School of Medicine, Department of<br>Orthopaedic Surgery,<br>Chief Resident Teaching Award |
| 1996 - 1997        | Medical Student Government, Wake Forest University<br>School of Medicine,<br>President                            |

# LEADERSHIP/AWARDS (Continued):

| 1995 - 1999 | Asian/Pacific American Medical Student Association,<br>Founder and Co-President |
|-------------|---|
| 1995 - 1996 | Class of 1999, Wake Forest University School of Medicine,<br>President          |

# ATHLETIC TEAM COVERAGE:

| 2006 – current | Medical Staff<br>Tour of California Cycling<br>California  |
|----------------|--|
| 2010 – current | Consulting Team Physician<br>Contra Costa College Department of Athletics<br>San Pablo, California |
| 2009 – 2012    | Medical Director<br>California Rowing Club – U.S. Olympic Training Center<br>Oakland, California   |
| 2008 - 2012    | Consulting Physician<br>L.A. Galaxy (Major League Soccer)<br>Carson, California                    |
| 2007 – 2011    | Medical Director<br>USTA Girls' National 18 Championships<br>Berkeley, California                  |
| 2005 - 2010    | Head Team Physician<br>Contra Costa College Department of Athletics<br>San Pablo, California       |
| 2004 - 2005    | Assistant Team Physician<br>CD Chivas USA (Major League Soccer)<br>Carson, California              |
| 2004 - 2005    | Assistant Team Physician<br>US Soccer National Team Training Center<br>Carson, California          |
| 2004 - 2005    | Assistant Team Physician<br>Pepperdine University Department of Athletics<br>Malibu, California    |

# ATHLETIC TEAM COVERAGE (Continued):

| 2004 - 2005 | Assistant Team Physician<br>Santa Monica City College Department of Athletics<br>Santa Monica, California           |
|-------------|---|
| 2003 - 2004 | Assistant Team Physician<br>Wake Forest University Department of Athletics<br>Winston-Salem, North Carolina         |
| 2002 - 2004 | Assistant Team Physician<br>Winston-Salem State University Department of Athletics<br>Winston-Salem, North Carolina |

# **CONTINUING EDUCATION COURSES:**

| March 2015     | American Association of Orthopaedic Surgeons, Annual Meeting<br>Las Vegas, Nevada         |
|----------------|---|
| February 2012  | American Association of Orthopaedic Surgeons, Annual Meeting<br>San Francisco, California |
| February 2011  | Society of Tennis Medicine and Science<br>San Jose, California                            |
| February 2009  | American Association of Orthopaedic Surgeons, Annual Meeting<br>Las Vegas, Nevada         |
| March 2008     | American Association of Orthopaedic Surgeons, Annual Meeting<br>San Francisco, California |
| September 2007 | Birmingham Hip Resurfacing Course<br>Burlingame, California                               |
| April 2007     | Arthroscopy Association of North America, Annual Meeting<br>San Francisco, California     |
| March 2005     | American Association of Orthopaedic Surgeons, Annual Meeting Washington, D.C.             |
| December 2004  | Carticel Autologous Chondrocyte Implantation Certification<br>Carlsbad, California        |

#### **CONTINUING EDUCATION COURSES (Continued):**

| March 2003               | American Association of Orthopaedic Surgeons, Annual Meeting<br>San Francisco, CA |
|--------------------------|---|
| January 2002             | AO/ASIF Basic Course<br>Los Angeles, California                                   |
| January 2000, 2001, 2004 | Southeast Fracture Symposium<br>Greensboro, North Carolina                        |

#### **LECTURES AND PRESENTATIONS:**

Chang DS\*, Breit GA, Styf JR, Hargens AR. Cutaneous microvascular flow in the foot during Earth, Mars, Moon and micro-gravities. American Society for Gravitational and Space Biology, Arlington, Virginia. October 1993. (2<sup>nd</sup> place award - student competition)

Dillingham MF, Mow C, Chang DS\*. Arthroscopic debridement for advanced osteoarthritis of the shoulder in young active patients. Western Orthopaedic Association Meeting, San Francisco, California. September 2001.

Chang DS\* Castle JA, DeFranzo AJ, Teasdall RD, Webb LX. Vacuum-assisted closure for fasciotomy wounds following compartment syndrome of the leg. Orthopaedic Trauma Association, San Diego, California. October 2001.

Faculty: Nursing Program. Southeast Fracture Symposium. Greensboro, North Carolina. January 2004.

#### **PUBLICATIONS**:

#### **Journal Articles:**

Chang D, Breit GA, Styf J, Hargens AR. Cutaneous microvascular flow in the foot in various gravitational environments. Ames Research Center Research and Technology. 1993; 184-186. NASA Technical Memorandum 108816

Toriskoshi S, Wilson MH, Ballard RE, Watenpaugh DE, Murthy G, Yost WT, Cantrell JH, Chang DS, Hargens AR. Ultrasound measurement of transcranial distance during head-down tilt. J Gravit Physiol. 1995; 2(1):P145-6.

Chang DS, Breit GA, Styf JR, Hargens AR. Cutaneous microvascular flow in the foot during simulated variable gravities. Amer J Physiology. 1996 Oct; 271(4 part 2):R961-6.

Ruch DS, Chang DS, Poehling GG. Excision of the distal scaphoid for non-union. Acta Orthopaedica Hellenica, 1998.

#### **PUBLICATIONS (Continued):**

Ruch, DS, Chang DS, Poehling GG. The arthroscopic management of avascular necrosis of the proximal pole following scaphoid nonunion. Arthroscopy. 1998 Oct; 14(7):747-52.

Ritter MR, Chang DS, Ruch DS. The role of arthroscopy in the treatment of lunotriquetral ligament injuries. Hand Clinics. 1999 Aug; 15(3):445-54.

Ruch DS, Chang DS, Koman LA. Reconstruction of longitudinal stability of the forearm after disruption of interosseous ligament and radial head excision (Essex-Lopresti lesion). J South Orthop Assoc. 1999 Spring; 8(1):47-52.

Ruch DS, Chang DS, Yang CC. Arthroscopic evaluation and treatment of scaphoid nonunion. Hand Clinics. 2001 Nov; 17(4):655-62.

Harris MB, Chang DS, Shilt JS, Villarraga ML, Thomas KA, Stelly MV. Modeling of the naked facet sign in the lumbar spine. J Spinal Disorders 2002 Dec; 15(6):495-501.

Yang CY, Chang DS, Webb LX. Vacuum-assisted closure for fasciotomy wounds following compartment syndrome of the leg. J Surg Ortho Advances 2006; 15(1):19-23.

#### **Book Chapters:**

Chang DS, Weiss J, Mandelbaum BR. "Pediatric and Adolescent Considerations in Sports Medicine" in Clinical Sports Medicine. Frontera et al. editors. Elsevier, 2005.

#### Abstracts:

Chang DS, Breit GA, Styf JR, Hargens AR. Cutaneous microvascular flow in the foot during Earth, Mars, Mon and micro-gravities. American Society for Gravitational and Space Biology Bulletin. 1993; 7:60 (Abstract 79) 2<sup>nd</sup> place award - student competition.

Wilson MH, Ballard RE, Torikoshi S, Chang D, Watenpaugh D, Murthy G, Yost WT, Cantrell JH, Hargens AR. Ultrasound as a potential non-invasive intracranial pressure monitoring device. 43<sup>rd</sup> International Conference of Aviation and Space Medicine. 1995:74-75.

Watenpaugh DE, Ballard RE, Boda WL, Chang DS, Looft-Wilson R, Hargens AR. Does supine LBNP treadmill exercise simulate upright treadmill exercise? FASEB Journal. 1996; 10:A572 (3299).

Boda WL, Watenpaugh DR, Ballard RE, Chang DS, Hargens AR. Comparison of gait mechanics and force generation during upright treadmill and supine LBNP exercise. Medicine and Science in Sports and Exercise. 1996; 28(5):S87(520).

### **PUBLICATIONS (Continued):**

Boda WL, Watenpaugh DE, Ballard RE, Chang DS, Looft-Wilson R, Hargens AR. A comparison of the physiology and mechanics of exercise in LBNP and upright gait. Experimental Biology. 1997.

Chang DS, Ruch DS, Poehling GG. Arthroscopy of the elbow: indications and diagnostic and therapeutic benefits. International Society for Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine. 1999.

#### **ADDITIONAL LANGUAGES SPOKEN:**

Mandarin Chinese (Fluent), Taiwanese (Conversational)

HOBBIES/INTERESTS: Tennis, Basketball, mHealth